



Actual SHIRT Measurements** (in inches)	Youth Large	XS	S	M	L	XL	XXL	XXXL	Tolerance
Chest Width	18	20	22	23	24	25	27	29	+1/4"
Bottom Width	18	20	22	23	24	25	27	29	+1/4"
Shoulder Width	14 1/2	15 1/2	16 1/2	17 1/2	18 1/2	19 1/2	21 1/2	23 1/2	+1/4"
Center Back Length	23	24	25	26	27 1/2	28 1/2	30	31	+1/4"

** This is NOT your body measurements. It is SHIRT measurements (which should be larger than your body). To use this information, take your favorite shirt out of your closet and lay it out flat on a table. Using a ruler, measure the 'chest width' one inch below the armpits; as well as the other measurements. Then select the size above that is closest to your favorite shirt's measurements.

WICKID recommends:

Men's Body Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Chest	31-32	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64	66-68
Waist	22-24	26-28	30-32	34-36	38-40	42-44	46-48	50-52		
Women's Equivalent	S	M	L	XL	2XL	3XL	4XL	5XL		

(Women may need to size-up for long-sleeve garments).

Heather's thoughts:

WICKid Men's Sizing	Youth	L	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Chest **	31-33	34-37	38-41	40-43	42-45	44-47	48-51	52-55				
Women's Equivalent	XS-S	S-M	M-L	L-XL	XL-2XL							

**Actual shirt garments are approximate 3" larger than the largest measurement for a given size (ie, a medium shirt is approximately 46" diameter and fits a 40-43" chest.)

For those who like a CLOSER FIT, order in the top range of your size. For a LOOSER FIT, order in the bottom range of your size. (For example, the chart says a person with a 42" chest could wear a medium or a large. A person who likes a CLOSER FIT should order a medium, but if he/she prefers a LOOSER FIT then order a large. May need to take the larger size for long-sleeve garments).